

Liz Ingle

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I have been working since I was a young kid. My friends thought I was crazy to love working.

Work ethic from my ma who raised 7 alone, my idol. The feeling of accomplishment and instant gratification is right up there with getting paid. I will work till the day I croak, lol.

Positive energy I keep with me at all times. Attitude is absolutely a choice.

I would hire me in a minute...will you?

Work Experience

Operator

L&P cleaning services-Denver, CO

January 2013 to Present

Owner/operator.

My pride and joy.

Started off with Shey Homes new construction of homes in Highlands Ranch. One turned into 10.

10 turned into hundreds of homes being cleaned with TLC.

Had to downsize due to the unexpected and tragic loss of my partner in business and life.

#Life does go on.

Still bidding and cleaning as much as I can handle.

Clerk

King Soopers-Cherry Hills Village, CO

February 2015 to May 2023

Customer Service, cleanliness of work area, ordering and breaking down deliveries. Proper food handling including temp. logs.

Coaching and helping new employees with policies and procedures.

Education

H.S. diploma in General

Beardstown Jr/Sr High School - Beardstown, IL

Skills

- Commercial Cleaning
- Cash Handling
- Food Handling
- Data Entry
- POS

- Cleaning Experience
- Construction
- Merchandising
- Food Safety
- Kitchen Experience
- Load & Unload
- Forklift
- Quality Control
- Shift Management
- Maintenance
- Administrative Experience
- Supervising Experience
- Food Preparation
- Serving Experience